

# College for grown-ups.

Make Thursdays a day  
to listen and discover,  
ask questions, get answers,  
meet people, make friends.



**KEEP LEARNING**

Beginning May 17th, 2012

**Who says** that your personal journey for knowledge has to end just because your school years have? Now you can recapture the camaraderie, feed your intellect, and feel the excitement of learning—JCC University, the college for grown-ups. This innovative educational program offers an engaging, interdisciplinary curriculum specifically designed for adults.

*See reverse side for schedule & session descriptions.*

JCC University courses are presented by top professors and the foremost experts in their fields. Each session opens with coffee and conversation, leading into the main presentation, follow-up discussion and Q&A. Our diverse array of topics offers the opportunity to rekindle previous passions, ignite new interests, meet new people and stay involved in the developments that shape today's world...

**May 17: Free Introductory Session**

- 10:00a | Coffee and conversation
- 10:30-12:00 | **Changing Dynamics in the Middle East - From Tahrir Square to Rothschild Boulevard**  
Sagi Melamed, Harvard Graduate and VP of External Affairs at the Max Stern Yezreel Valley College in Israel  
*Political, cultural and social change in Israel, Iran and the Middle East*
- 12:00-1:00 | Lunch (buy or bring)
- 1:00-2:30p | **A Practical Approach to Total Wellness**  
Dr. Katherine Roberts, doctorate in Health Sciences from Columbia University  
*Small changes you can make for a healthier lifestyle*

**May 24**

- 10:00a | Coffee and conversation
- 10:30-12:00 | **The Upcoming Election and Its Implications**  
Dr. Howard Stoffer, Principal Advisor, Counter-Terrorism Executive Directorate of the Security Council of the UN; Past Senior Foreign Service Officer, US Department of State  
*The possible influence of the election on the US Supreme Court and our legal system*
- 12:00-1:00 | Lunch (buy or bring)
- 1:00-2:30p | **Your Connection to a Happier, Healthier You**  
David Singer, author of Six Simple Rules for a Better Life  
*Practical, achievable ways to be happier and healthier*

**May 31**

- 10:00a | Coffee and conversation
- 10:30-12:00 | **Fighting World Terrorism**  
Dr. David Scharia, legal expert and author, scholar in residence at Columbia Law School for 2011-2012 Expert at the Counter-Terrorism Executive Directorate (CTED) of the UN Security Council  
*The global picture on counter-terrorism activities; approaches of the US and the UN*
- 12:00-1:00 | Lunch (buy or bring)
- 1:00-2:30p | **Jazz and Beyond**  
Daniel Ori, bassist, composer and prominent voice on the contemporary jazz scene  
*What makes jazz a unique art form, the influence our most important jazz legends have had, and how this musical genre has developed over the years*

**June 7**

- 10:00a | Coffee and conversation
- 10:30-12:00 | **Up and Coming in the Art Scene**  
Tobi Kahn, renowned painter, sculptor and art lecturer  
*Contemporary artists and trends in modern art*
- 12:00-1:00 | Lunch (buy or bring)
- 1:00-2:30p | **Healthy Body, Healthy Mind**  
Brenda Blanco, certified Yoga and Meditation instructor  
*The connection between memory and brain function and correct breathing, Meditation and Yoga; includes demonstration of Chair Yoga (no special clothing needed)*

To register, complete the form below and submit it to Kaplen JCC on the Palisades, 411 E. Clinton Ave., Tenafly, NJ 07670, Attn: Kathy Graff or call 201.408.1454 or register online at [jccotp.org](http://jccotp.org)

**YES!** Please enroll me in JCC University:

Free Introductory Session | May 17     Three Sessions | May 24, 31 & June 7...     \$75 JCC Member     \$95 JCC Non-Member

Name(s) \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Check enclosed payable to Kaplen JCC on the Palisades     Please charge my credit card...     Visa     Mastercard     Amex

Account Number \_\_\_\_\_ Exp Date \_\_\_\_\_ Security Code \_\_\_\_\_

Name as it appears on card \_\_\_\_\_ Signature \_\_\_\_\_